Trusted and proven solutions to get you in and out of bed safely

The award-winning Rotoflex® range

Trusted and proven solutions to get you in and out of bed safely
The award winning Rotoflex Concept
Explaining what a rotating bed is, how it works and what benefits it provides

Rotoflex 200 Low
This is a low access version of the Rotoflex with powered rotation

Award winning Rotoflex 235 Plus
This is the very latest model within the Rotoflex range. It has a Powered Rising Heel Support included as standard

Rotoflex 200Mk2 Bespoke
The most popular Rotoflex turning system with powered rotation – available in different widths or as part of a double combination bed

Rotoflex 300 Heavy Duty
The Rotoflex 300 is a super heavy-duty version with powered rotation

Powered Rising Heel Support
The unique variable height heel section for leg elevation with total support – only available from Theraposture

Rotoflex mattresses options
A range of specialist mattresses that provide appropriate support for users with a low to very high risk of developing pressure related issues

Standard features, optional additions and accessories
All Rotoflex beds are supplied with many assistive features and are compatible with a range of accessories for additional support

Ownership options and care cost savings
Theraposture provides low cost rentals, a buy-back scheme, comprehensive warranties as well as the 14-day Suitability Guarantee

About Theraposture and easy steps to independence
Theraposture will support and guide you every step-of-the-way so purchasing a Rotoflex bed is stress-free

My Theraposture Rotoflex bed has been so fantastic, it has changed my life. I can move from a seated to lying position with the aid of the rotating and profiling action of my bed which is superb – I could not live independently at home without it.

Ernie Burton, East London, Rotoflex owner

As an OT with over 30 years of experience I can confidently say that the Rotoflex range of beds from Theraposture is my recommendation for those requiring a turning bed system. Theraposture is an ethical and specialist company with Trusted Assessors that will only ever recommend appropriate equipment following an assessment of need. I always review all the assistive beds on the market to meet my clients needs, however Theraposture is often the best choice to ensure my clients benefit from increased independence, well-being and peace of mind.

Kate Sheehan, Occupational Therapist
The award winning Rotoflex® concept –
The market leading electrically operated adjustable bed that provides powered rotational assistance to get you in and out independently

The patented Rotoflex from Theraposture is the original and proven rotating bed system. Uniquely, this sophisticated and proven adjustable bed has been developed over a period of 20 years - it is poorly copied but never equalled. It allows people living with restricted mobility to access a bed independently and safely without the assistance of a carer.

Getting legs into bed is a problem for many people – the Rotoflex offers the solution. At the touch of one button, the Rotoflex will move you from an upright seated to a lying position and vice versa. The precision German mechanisms are smooth, quiet and strong so the transfer experience is pleasant and relaxing, you are always in total control.

Theraposture offers the widest choice in rotating beds so that a variety of individual needs can be met. As either a single bed or part of a double bed (dual combination), every Rotoflex is available in a variety of surrounds that will aesthetically suit your home. The Rotoflex can be set up to rotate to a specific side so that it can be compatible with a variety of room situations. In addition to the powered rotation, the Rotoflex can also independently lift the head and foot ends of the mattress and offers variable height for easier standing transfers – this also aids carers by raising the bed to a safe working height.

The Theraposture Rotoflex truly delivers independence as it is a real alternative to carer assistance or hoisting. In this situation the bed can pay for itself many times over as the cost of care at home or in a residential setting is so high – see page 12.

The Rotoflex is extremely stable and will not tip over when rotated, thanks to its unique and safe design. Its patented features include:

• Powered Rising Heel Support
• Mattress retainer
• Stable lifting frame

The Rotoflex helps individuals with neurological conditions such as Parkinson’s and MS.
The Rotoflex 200 Low is ideally suited to clients who are typically 5’2” or less. The low seat height of just 43.5cm allows the user to get their bottom all of the way back into the seat — absolutely vital in achieving maximum support and stable transfers.

As with all Theraposture beds, the Rotoflex 200 Low is available with a range of mattress options.

- Safe working load of 200kg and a maximum user weight of 150kg (23.6 stones)
- Fully meets BSEN60601-2-52 regarding safe working heights and entrapment risks
- Patented mattress retention system — mattress doesn’t move on the bed
- Powered profiling, rotation and variable height
- Vertical seat rise — the safest way for those with balance inconsistencies
- Height adjustment: 51cm
- Seat depth: 46cm
- Mattress dimensions: 90 x 210cm
- Lowest platform height (with 12.5cm mattress and standard wheels): 38cm
- Lowest lying height (with 12.5cm mattress and standard wheels): 51.5cm

**SEAT DEPTH: 46CM**
**MATTRESS HEIGHT: 43.5CM**
**BED WIDTH: 3’ (90CM)**
**MATTRESS LENGTH: 210CM**
Award winning Rotoflex® 235 Plus

A 90cm wide award-winning bed for one person with a beech finish and a Powered Rising Heel Support as standard

The Rotoflex 235 Plus provides the ultimate assistive solution for the majority of clients, allowing them to independently get into, out of and away from their bed. The Rotoflex 235 Plus includes the patented and completely unique Powered Rising Heel Support as standard.

As with all Theraposture beds, the Rotoflex 235 Plus is available with a range of mattress options.

- Winner of Excellence in Caring Award at the 2018 OT Show
- Safe working load of 235kg and a maximum user weight of 200kg (31 stones)
- Fully meets BSEN60601-2-52 regarding safe working heights and entrapment risks
- Supplied with the patented Powered Rising Heel Support as standard
- Patented mattress retention system – mattress doesn’t move on the bed
- Powered profiling, rotation and variable height
- Height adjustment: 52cm
- Lowest platform height (with 12.5cm mattress and standard wheels): 31cm
- Lowest lying height (with 12.5cm mattress and standard wheels): 43.5cm

Includes Powered Rising Heel Support as standard

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Email: info@theraposture.co.uk   www.theraposture.co.uk
The Rotoflex 200Mk2 Bespoke is the ideal solution for the majority of Rotoflex users who require either a non-standard size or finish. The tailor-made design provides the following choices:

- A bed for one person in widths of 90, 100, 110 or 120cm
- Can be used within a bed for two to share
- Mattress can be shortened up to 10cm and lengthened by up to 20cm
- Central locking can be added
- Upholstered enclosures and oak surrounds for one or two persons
- Adjustable modular seat depth +3cm, +6cm or +9cm

The Rotoflex 200Mk2 Bespoke is a patented adjustable bed with powered rotation to help you get in and out of bed safely and on your own terms. Its seamless and sequential profiling and rotational movement is smooth and quiet. The program is activated by just pressing and holding one button. The hand control is simple to use and responsive so users always feel reassured. It is available as a single bed, or part of a double combination, with standard beech veneer, solid oak or upholstered surround.
The original Rotoflex 200Mk2 Bespoke for one person, available in four different widths, or as part of a double combination for couples to share

The Rotoflex 200Mk2 Bespoke is supplied with a RW17 Triple Layer Memory Foam Mattress that is attached to the bed using the patented retention system so that it will not move underneath you, as various positions are selected. Other specialist mattress are available – see page 10.

When deciding which Rotoflex is the most suitable for you, one of our qualified Trusted Assessors will guide you through a product assessment. During this professional process you can actually try the Rotoflex bed and therefore be sure that it will meet all of your needs and expectations.* If you require a double combination, your partner can also then decide whether to have any profiling or variable height functionality on their side of the bed.

At the end of the assessment, we will give you a detailed report that will explain and justify the recommended solution.

Following purchase, peace of mind is assured through Theraposture’s 14-day Suitability Guarantee. This provides time to assess whether the bed is right for you without the worry of being left with a product that is not suitable.

- Safe working load of 200kg and a maximum user weight of 150kg (23.6 stones)
- Fully meets BSEN60601-2-52 regarding safe working heights and entrapment risks
- Optional patented Powered Rising Heel Support
- Patented mattress retention system – mattress doesn’t move on the bed
- Powered profiling, rotation and variable height
- Height adjustment: 39cm
- Seat depths: 46cm, +3cm, +6cm or +9cm
- Lowest platform height (with 12.5cm mattress and standard wheels): 39cm
- Lowest lying height (with 12.5cm mattress and standard wheels): 51.5cm

The Rotoflex 200Mk2 Bespoke for one person, available in four different widths, or as part of a double combination for couples to share

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* Access permitting
Theraposture offers a plus size Heavy Duty Rotoflex bed to assist larger users. The Rotoflex 300 has a Safe Working Load (SWL) of 300kg and is a heavy duty version of the Rotoflex 200Mk2 Bespoke bed. With its additional strength and power it can comfortably accommodate a person weighing up to 250kg (39 stones).

This is the strongest rotating bed available today. This superb solution with super-strong German engineering, can easily profile, lift and rotate a user weighing up to 250kg (39 stones).

Users of all shapes and sizes can live at home with the ability to get in and out of bed independently without the need to relocate or incur expensive carer costs. This means manual handling risks and costs can be massively reduced.

The Rotoflex 300 Heavy Duty is supplied with a memory foam mattress that is 4cm thicker than the standard mattress found on other Rotoflex beds. The seat depth is modular so that the correct depth can be set for each client. There is an extra motor in the foot section to support heavy legs supported by a gas strut.

The Rotoflex 300 Heavy Duty can be supplied either with a wooden beech veneer surround (standard configuration) or with an upholstered enclosure so their design will match your decor at home. For additional safety, this Rotoflex bed come with adjustable side rails and a battery backup system.

- Available sizes: 100 x 220cm, 110 x 220cm or 120 x 220cm (beds can be made longer by up to 20cm or shorter by up to 10cm)
- Safe Working Load of 300kg* and a maximum user weight of 250kg (39 stones)
- Fully meets BSEN60601-2-52 regarding safe working heights and entrapment risks
- Optional patented Powered Rising Heel Support
- Patented mattress retention system – mattress doesn’t move on the bed
- Powered profiling, rotation and variable height
- Height adjustment: 39cm
- Seat depth: 46cm, +3cm, +6cm or +9cm
- Lowest platform height (with 12.5cm mattress and standard wheels): 42cm
- Lowest lying height (with 12.5cm mattress and standard wheels): 55cm

* SWL includes the user, mattress and sleeping platform.
Powered Rising Heel Support

A world’s first from Theraposture – the Rotoflex is the ONLY rotating bed that can be supplied with an electrically rising foot / heel support to provide full support of the entire elevated leg.

Previously all rotating beds (Rotoflex and the many attempted copies) had to include a static mattress section between the rotational sleeping surface and the footboard – to ensure the arc of the turning mattress and legs did not clash with the footboard. Not anymore with the introduction of this pioneering and patented development from Theraposture.

- Electronic powered rising foot / heel section now available as standard on the award winning Rotoflex 235 Plus, Rotoflex 200Mk2 Bespoke and Rotoflex 300 Heavy Duty beds
- Advanced German engineering elevates users’ legs and feet with full support
- Absolutely vital for individuals who need to raise their legs in bed
- A unique feature to solve a common problem for people with oedema (swollen legs), pressure care and circulation issues
- Eliminates the need for additional loose supports such as pillows and cushions
- Can be retrofitted to all compatible Rotoflex beds produced from 2009 onwards, excluding the 200 Low

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Rotoflex® mattress options

Theraposture offers a wide selection of specialist mattresses for the Rotoflex Bed range. These can be upgraded retrospectively should your needs change.

**Triple Layer RW14 and RW17 Foam Mattress**
A quality RW17 Triple Layer Memory Foam Mattress is supplied as standard with every Rotoflex – this has a medium risk grouping and is suitable for users with Waterlow scoring of up to 17.

For those who prefer not to have memory foam, we have a RW14 Reflex Castellated Foam Mattress – this has a low to medium risk grouping and is suitable for users with Waterlow scoring of up to 14.

These foam mattresses perfectly profile with the movement of the Rotoflex thanks to the patented unique fixing design. The cover is made from waterproof material and has a multi-directional stretch.

**Triple Layer RW24 Foam and Fibre Mattress**
A quality RW17 Triple layer memory foam mattress is further enhanced with a fibre central filling which aids pressure management and air circulation – this has a High risk grouping and is suitable for users with Waterlow scoring of up to 24.

This foam mattress perfectly profile with the movement of the Rotoflex thanks to the patented unique fixing design. The cover is made from waterproof material and has a multi-directional stretch.

**RO-HO Dry Flotation**
This neoprene mattress is a zoned, advanced pressure-relieving surface that is ideal for users requiring high levels of protection against pressure related issues – up to grade 4 (very high risk).

Each zone contains air cells that will adjust to meet the specific shape and size of a user’s body. With optimum pressure distribution across the whole mattress, tissue viability and circulation can be improved.

**Rotoflex Alternating Air**
For those requiring a very high level of pressure redistribution, the Rotoflex is also available with an dynamic air cell mattress. This mattress has been specially designed to be operational even when it is being rotated by the Rotoflex and is an alternative to the RO-HO system.

This mattress is available on the Rotoflex 200 Low, the 235 Plus and the 200 Mk2 Bespoke.
Standard features, optional additions and accessories

Rotoflex features and accessories maximise comfort, safety and accessibility

Standard features

Each Rotoflex bed from Theraposture is specified to suit you and your needs following a detailed assessment. Every bed includes a range of design features that have been carefully considered to ensure you can get in and out safely, readjust your position easily at night and feel safe when sleeping.

A new Theraposture Rotoflex is supplied with:

- High quality RW17 Triple layer memory foam mattress
- Two side rail/handles
- Two sets of fitted sheets with a sewn in pillow case
- A battery backup that allows the bed to continue operating in the event of a mains power failure
- A 3-year fully inclusive warranty for new beds, a 12-month fully inclusive warranty for used beds – see page 12
- Option to extend warranties up to 5 years for new beds and up to 3 years for refurbished beds – see page 12
- 14-day Suitability Guarantee (conditions apply)

Side rail/handle

Each Rotoflex bed comes complete with two side rails/handles which rotate with the bed. These can be lifted to a vertical position to help with side transfers or can be completely removed with ease.

Additionally, there are further options such as our multi-positional grab handle which is fitted to the head section of the bed. This option will mean that the side rail/handle will need to be altered in shape to assure that there are no entrapment risks.

Optional accessories

Theraposture provides a range of quality accessories that can be fitted to any Rotoflex so that access and personalised comfort is assured. A Theraposture Trusted Assessor will explain and recommend additional features during a home assessment.

Handle bar grips

These adaptable bars can be fitted to side rails so that users can adjust their sleeping position more easily through use of this additional leverage point.

They are manufactured in strong steel with an easy-grip handle and can be quickly removed or repositioned if needs changes. They also fold out of the way for sleeping.

This accessory is fitted as standard on each side of the wider Rotoflex beds (110 and 120cm) so that users can easily hold the side rail/handle.

Lifting pole

Repositioning in bed can be very difficult for some users. A lifting pole can be used to offer increased leverage by pulling against the overhead adjustable handle.

Castor/feet options

Castors are available in three different sizes. They each have individual brakes and can in most cases be added retrospectively if needed. The addition of castors will allow you to easily move your Rotoflex bed. Hoist and stand aid access is achieved using larger castors. Alternatively, your bed can be supplied with height adjustable feet.
The Rotoflex can reduce carer assistance with bed transfers from two carers to one, and in some cases can eliminate carer assistance altogether delivering true independence.

**Typically saving you up to £27,500 a year in care costs**

The Rotoflex can reduce carer assistance with bed transfers from two carers to one, and in some cases can eliminate carer assistance altogether delivering true independence.

This proven solution can allow you to safely get in and out of bed on your own terms without the cost of carers. With a Rotoflex there is no need to move into expensive residential care so you can remain in your home for longer.

Where two private home carers are replaced, the bed could pay for itself typically in just 14 weeks!
About Theraposture

Theraposture is a caring and ethical family company incorporated in 1981 with an outstanding reputation within the healthcare industry. Regarded as a leading expert in assistive beds, chairs and care cots by many healthcare professionals, Theraposture has ISO9001 quality accreditation and is a pro-active member of the British Healthcare Trades Association (BHTA).

Theraposture’s experienced Trusted Assessors understand client needs and expectations and work closely with Occupational Therapists to identify the needs, wants and risks of all prospective owners.

Theraposture’s goal is to achieve positive outcomes for all and its detailed assessment procedure ensures that product suitability is right first time.

Easy steps to independence

1. Having a choice
With Theraposture you have real choices in function, size and style to ensure that you get the right Rotoflex for you. Before a comprehensive and free home assessment, you can have a detailed initial conversation with an experienced senior member of staff to fully understand how we may help you.

2. Free home assessment*
During a visit to your home, one of our qualified Trusted Assessors will have the opportunity to fully understand your requirements. This whole assessment process is clinically driven, is free of charge and there is absolutely no obligation to buy. We will provide you with a detailed assessment report that helps to explain and justify the reasoning for the recommended solution.

3. Product recommendation
Theraposture will then provide you with a detailed written quotation for your chosen Rotoflex. Once we have received your deposit payment, we will start the process of making your bed, keeping you informed of the progress as we go. Alternatively a suitable bed maybe already available from our extensive stock. Your Rotoflex will be fully tested before it leaves the Theraposture factory.

4. Installation, warranty and after-care
Your Rotoflex will be installed in many cases, by the technicians who have prepared your bed. They will take as much time as needed to ensure you are fully briefed in the safe use of the product. All Rotoflex beds come with a comprehensive warranty package (see page 12).

5. Suitability Guarantee
The 14-day Suitability Guarantee gives 100% confidence to all prospective clients so that they are assured of the perfect solution every time. This ensures that should any issues arise within the first two week of use, Theraposture will either make changes, remake the Rotoflex to a different specification (to an equivalent value) or refund the cost if preferred – Terms and Conditions apply.

Reduce carer intervention, maximise independence and eliminate or reduce care costs with a Rotoflex from Theraposture. Call us to discuss your individual needs:

Freephone: 0800 834654


Proud to be working with: